Food Information for Consumers: Understanding the new regulations

- **Product name**: Name the product clearly using a legal name or, where applicable, a customary or descriptive name.
- **Storage**: Show storage conditions.
- **Font size**: Font size must be at least 1.2mm for all mandatory information.
- **Ingredients**: Declare ingredients in quantity order.
- **Net quantity**: Show weight or volume in appropriate unit of measure.
- **Nutrition**: Show all nutritional information in prescribed order using standard measures.
- **Reference Intake of an average adult**: RI information is voluntary, but where used must be per 100g.
- **Date marks**: Clearly show date related information.
- **Directions for use**: Identify directions for use e.g. cooking instructions.
- **Allergens**: Any ingredients containing an allergen must be emphasised.
- **Origin and Place of Business**: State place of origin or place of provenance and display company name and address.
- **Communication**: All of the above mandatory information can be communicated using GS1 standard data, referenced by the GTIN.

*If companies already apply nutrition labelling, they must comply with the new nutrition labelling provisions by December 2014. As of December 2016 all companies must include nutrition labelling.*